

STEFANIE KRÄMER

WRITER AND COACH



What I do

After a successful marketing career in health business I decided 3 years ago to use my marketing skills and my passion for sports to create my own business.

So here I am.

Self-employed as personal coach and full of great experiences of life that I offer my clients and use them for writing articles about health, nutrition and fitness.

born in

1969

passion

sports

motto

do what you love and life will be easy